



FOR YOUTH DEVELOPMENT<sup>®</sup>  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

**REGISTER  
TODAY!**

# CALLING ALL MIDDLE SCHOOLERS

## Youth Recreation Programs for Grades 5-8

NEW CANAAN YMCA

Looking to try something new, make friends, and have fun this fall? Check out brand-new and returning programs and activities at the Y!

### DROP-IN MEMBER YOUTH RECREATION ACTIVITIES: FREE!

#### **NEW! Middle School Gymvasion**

Tuesdays & Fridays, 9/5-11/21; 3:45-4:45 PM

Join us in the gymnasium to enjoy creative alternatives to traditional sports like Tiger Ball; a team-based mish mash of tennis and volleyball, the game ends only when the ball stops bouncing. Play fresh takes on school yard classics and original games never played before.

#### **NEW! Analog Action Games**

Wednesdays, 8/30-11/15; 4:00-5:30 PM

Discover the thrill of strategic decision-making as you dive into a myriad of captivating tabletop games. Whether you're a seasoned gamer or just beginning your journey, you're sure to have fun learning new games!

### YOUTH RECREATION PROGRAMS: OPEN TO THE COMMUNITY!

#### **NEW! Percussion Power**

Wednesdays, 9/13-11/15; 4:00-4:30 PM

Step into the mesmerizing world of beats and rhythms with our teen percussion program! Unleash your inner drummer as you explore a diverse array of percussion instruments from djembes and congas to tambourines and cajóns. Explore Latin American, African, and Asian styles of the first form of music.

**Try the first 4 weeks for free!**

#### **NEW! Circle of Song**

Thursdays, 9/14-11/16; 4:00-4:30 PM

Join our warm and inclusive music community, where you'll collaborate with fellow aspiring middle school musicians, and celebrate the beauty of acoustic sounds of folk music. This class covers call and response, acapella, body percussion, as well as guitar and banjo.

**Try the first 4 weeks for free!**

#### **NEW! Middle School Master Crafters**

Saturdays, 9/2-11/18; 10:00-11:30 AM

Crafts for middle schoolers that focus on refining existing interests, new skills, and seeing your surrounding through an artistic mindset. We will have multiple projects that revolve around making items for decorating your room like our nature mobiles, suncatchers, and 3D name plates to hang in your window.

#### **Middle School Night**

Saturdays, 9/23, 9/30, 10/7, & 11/14;  
6:30-9:00 PM

Middle schoolers get the Y all to themselves! Have fun in the Wellness Center, Group Exercise Center, Gym, Valles Pool, and Wagner Room. Not only will there be plenty of fun games and activities, but also a concession stand with snacks, drinks, and pizza!

**Register online at [www.newcanaanymca.org/registration](http://www.newcanaanymca.org/registration)  
or stop by or call our Member Services Desk at 203-966-4528.**